

CERTIFICATE OF PARTICIPATION

This is to certify that

Irma Grundling

Has successfully participated & completed the
5km Ezemvelo Trail Run Challenge 2019
held at Ezemvelo Nature Reserve.

TIME 01:16:35

PACE 15:18/km
OVERALL 47 of 53

GENDER 27 of 33
60 - 69 3 of 3

20 October 2019, Sun

Date



BoutTime

Signature

